



## Notre Dame Athletics 2010-2011

<b>Season:</b>	<b>Sport:</b>	<b>Grades:</b>	<b>League:</b>
Fall	JV Cross-Country	6 <sup>th</sup> – 8 <sup>th</sup> *	NAML
Fall	Soccer	1 <sup>st</sup> – 4 <sup>th</sup>	Intramural
Winter	Swimming	TBA	TBA
Winter	JV Basketball	6 <sup>th</sup> – 8 <sup>th</sup> *	NAML
Winter	Basketball	3 <sup>rd</sup> – 8 <sup>th</sup>	CML
Winter	Girls Volleyball	6 <sup>th</sup> – 8 <sup>th</sup> *	TBD
Spring	JV Soccer (Coed)	6 <sup>th</sup> – 8 <sup>th</sup> *	NAML
Spring	JV Track/Field	6 <sup>th</sup> – 8 <sup>th</sup> *	NAML
Spring	Running Club	1 <sup>st</sup> – 4 <sup>th</sup>	Intramural
Spring	Tennis	6 <sup>th</sup> – 8 <sup>th</sup> *	NAML

### **Leagues:**

NAML – North Atlanta Metro League (Weekday Games/Meets)

CML – Catholic Metro League (Weekend Games)

5<sup>th</sup> graders will have the option to try-out for a JV team.

All Sign up Materials will be located on the website under

[Click ->Class News](#) [Click ->Athletics](#) [Click ->handouts/forms](#)

**See also Calendar for pertinent dates on same page**

### **(CMLA )Catholic Metro League**

This is a league that participates versus other Catholic teams within the Archdiocese. This is our recreational

program and our parent's drive these programs i.e. coaching. In the recreational program, practice will consist of 2 practices a week, and for 2 hrs total a week. Most practices will be after school and or will be at a neighboring location TBA. All of these games are played on the weekends and at the different locations among the teams we play with in the CMLA. Our home basketball games are played at Marist. All 3<sup>rd</sup> and 4<sup>th</sup> grade home games are played at Our Lady Assumption (OLA).

The sports that we offer are:

#### **Fall**

- Intramural soccer 1<sup>st</sup>-5<sup>th</sup> **Parent Coaches**
  - CMLA Soccer 3<sup>rd</sup>-8<sup>th</sup> **Parent Coaches (based above numbers)** Sat. Games Grade level groups
  - Soccer fall 3<sup>rd</sup>-8<sup>th</sup> games on weekend **Parent Coaches**
- Running Club 1<sup>st</sup>- 5<sup>th</sup> **Parent Coaches**

#### **Winter**

CMLA Basketball 3<sup>rd</sup> -8<sup>th</sup> **Parent Coaches** Grade level groups

#### **Spring**

- Jr. Olympics 1<sup>st</sup> – 5<sup>th</sup> track meets start in May
- Basketball Skills

### **(NAML) North Atlanta Metro League**

This is our Middle school program. It is try out based, and includes Basketball and Soccer. (Soccer co-ed) Cross Country and Tack & Field are Middle schools programs that any Middle school aged student can participate in. Fifth graders can try out to partake in these programs. Each program is a 3 to 4 day practice and will be held right after school with most of all practices right here on campus. Some track practices will be at Duluth High School track field.(2.4 miles away) Basketball will be held at a neighboring gymnasium.

#### **Fall**

Cross Country Middle School (selected 5th graders)

#### **Winter**

Basketball Middle school try outs Girls & Boys (selected 5th graders)

#### **Spring**

- Soccer (tentative)
- Track & Field

#### **Fall, Winter, and Spring** (tentative)

Golf intramural **Parent coaches** Middle school try outs to play in NAML in Spring

